

MASSAGES

At the hands of our therapists, our massage services will ease stress and loosen tension in your muscles. From a relaxing couples massage to a luxurious hot stone massage, we offer a variety of 60 and 90 minutes options ready to restore balance to your body and mind.

Swedish Massage

90 Minutes | \$115

60 Minutes | \$85

Reduce tension and relieve the negative effects of everyday stress with this timeless technique. Our expert massage therapists will help restore your sense of wellbeing with the perfect combination of movements for an ideal treatment.

Deep Tissue Massage

90 Minutes | \$130

60 Minutes | \$95

This massage offers a more intensive treatment for areas requiring in-depth attention. Please let your therapist know your desired level of pressure.

Bamboo Massage

90 Minutes | \$135

60 Minutes | \$100

The combination of hand techniques to work over muscles and warm bamboo canes to relieve tension makes this massage a perfect option for those who enjoy hot stone therapy and want to try something new.

Cupping Massage

90 Minutes | \$135

60 Minutes | \$100

Reduce inflammation, muscle and joint pain, improve mobility, increase circulation and Qi (CHI) Energy, release and restore Fascia (Connective Tissue), visibly and effectively reduces cellulite, sculpt, tone and contour.

Hot Stone Therapy Massage

90 Minutes | \$135

60 Minutes | \$100

A luxurious massage combined with deep heat therapy. Smooth, polished and heated Basalt Lava stones are incorporated into this massage to loosen tight muscles while relieving stress and easing tension.



Prenatal Massage*

60 Minutes | \$95

Comfortable support cushions are used during the pregnancy massage treatment. This massage eases back tension, relieves water retention in the legs, and calms the body, mind and spirit.

*Must be at least 12 weeks along.